

**2025 Lady Wildcat Indoor Invitational  
Hosted by Normal Community West High School  
Wednesday, March 12 at 2:00 pm**

The Normal Community West High School Lady Wildcats invite you to the Lady Wildcat Indoor Invitational. The meet will be held at the Illinois Wesleyan Shirk Center.

**Participating Teams:**

Bloomington, Central Catholic, Charleston, Chatham-Glenwood, Clinton, Cornerstone, El Paso-Gridley, Eureka, Fieldcrest, Greenview, Illini Bluffs, Kankakee, Lanphier, Mahomet-Seymour, Maroa, Mattoon, Metamora, Milford, Morris, Morton, Mt. Zion, Normal Community, Normal West, Olympia, Pekin, Peoria Manual, Pontiac, Princeville, Robinson, SHG, Seneca, Springfield, Springfield Southeast, St. Theresa, U-High, Washington

**Entry Fee:** \$250 per school    **Admission:** \$6 for Adults and \$4 Children.

**Timing:** FAT by Adkins Trak Timing

**Apparel:** **First to the Finish** will have a booth to purchase meet apparel, shoes, equipment, etc.

**Entries:** Enter your athletes on Athletic.net.

Deadline is **Sunday, March 9th at 9:00pm**. Limit of **two** entries in all track and field events. One varsity and one JV entry in each of the 4x200, 4x400 and 4x800 relay events. **Teams should enter their Varsity relays as "A" Teams and their JV teams as "B" Teams.** Sectional rules will be used for replacements. Please make sure to enter performances your athletes can run on this date.

**Awards:** Team scores will not be kept. 1<sup>st</sup>-5th place medals will be presented in all Varsity events (no JV medals).

**Parking:** Parking on **east** side of the Shirk Center is limited. There is more parking across the street from the east parking lot.

**Trainer:** An athletic trainer will be available.

**Meeting:** Coaches will meet at the common finish line at 1:45pm.

**Finals:** Prelims in the 60M Dash and Hurdles. Top 8 athletes to finals. All other races are finals based on seed times.

Greg Rogers, Head Girls Track and Field Coach  
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**2025 Normal West Lady Wildcat Indoor Invitational Track Schedule  
Wednesday, March 12th**

2:00pm	Long Jump	3 Jumps - Cafeteria (90 mins) (No Finals)
Follows LJ	Triple Jump	3 Jumps - Cafeteria (90 mins) (No Finals)
2:00pm	High Jump	Opening Height - 1.27m (4'2")
2:00pm	Pole Vault	Opening Height - 2.05m (6'8.75") (Best Flight First)
2:00pm	Shot Put	4 Trials (No Finals)
3:00pm	60 Hurdle Prelim	
Rolling	60 Dash Prelim	
	4x800 Relay - JV	
	4x800 Relay - Varsity	
	3200m	
	60M Hurdle Finals	
	60M Finals	
	800m	
	4x200 Relay - JV	
	4x200 Relay - Varsity	
	400m	
	1600m	
	200m	
	4x400 Relay - JV	
	4x400 Relay - Varsity	

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