

# 2025 “First to the Finish” Rantoul Track and Field Indoor Invite

## Boys/Girls Invite

Saturday March 15th, 2025

Hosted by: Rantoul Township High School

@ The University of Illinois Armory

**Entries:** All entries must be submitted on athletic.net The entry deadline is WEDNESDAY, MARCH 12th AT NOON. After the Wednesday NOON deadline, only changes/scratches will be allowed per IHSA rules NO EXCEPTIONS. Limited to 2 entries per event per gender

**Entry Fee:** \$250 per gender/ \$500 a team. Please send you check to Chris Dryer AD Rantoul High School 200 Sheldon St Rantoul IL 61866

**Timing:** ShaZam Racing Company will handle all timing for this meet with 2 independent FAT Timing Systems networked with the facility videoboard.

**Admission:** Admission prices for the meet will be- \$5—Adults, \$3 for Students (grade school thru HS), and \$2 for Seniors, 2024-2025 Illini Prairie Conference Passes will be accepted. Doors open to teams at 10:00 am. Doors will open to spectators at 10:30 am.

### [MAP OF UNIVERSITY OF ILLINOIS](#)

With GPS, enter the physical building address: 505 E. Armory Ave; Champaign, IL.

FOOD, LODGING, THINGS TO DO AFTER THE MEET

Visit the Champaign County Visitor’s Bureau website for more information

<https://www.visitchampaigncounty.org/>

**Hospitality:** We will have a hospitably room available for all coaches and officials. Tickets will be in your packet. Please send Chris Dryer, Rantoul AD the number of coaches that you will have at the meet.

**Team Camps/Bus Parking:** Included with this packet is a parking map showing available lots surrounding the Armory building. University spaces & lots NOT signed as being enforced 24/7 may be parked in on the weekend.

**Starting Blocks:** Starting Blocks for all races will be furnished by the University of Illinois, however if a school would like to use their own blocks that will be allowed.

**Check In/Staging Area:** All field event athletes will check in at their field event. Running events will pick up hip numbers under the results board beyond the west curve of the track and stage at their respective start line of the event. Hip numbers should be worn on the right hip & right chest for individual events, right chest for all relay runners.

**Seeding:** 200/400/4x200/4x400 will be seeded fastest/slowest in lanes 5-6-4-3-2-1 using lane 1 only when we have to. 60/60H will be seeded 4-5-3-6-2-7-1-8. 800/1600/3200/4x800 will be seeded in numerical ranked order.

**Scoring:** 8 places score in all events (10-8-6-5-4-3-2-1). Only 2 per team can score.

**Awards:** The Top 3 male and Top 3 female teams will each receive a plaque. This year we will have medals for the top 3 individuals in each event. Award packets may be picked up at the conclusion of the meet under the timing area.

**T-Shirts:** First to the Finish will be selling meet shirts in the concourse area near the concession stand.

**Results:** Live results will be available during the meet from ShaZam. They will send the link the week of the meet and that link will be emailed out to coaches before the meet.

**Scratches:** Scratches in field events can be made at that field event. We will not reseed the races on the track, so if you have a scratch in a track event that athlete will just receive a DNS.

**Coaches Meeting:** We will have a coaches meeting at 10:30am at the hip number table. We will have officials for all field events but **we will need coaches to help with the events**. Please send your preference to RTHS Athletic Director Chris Dryer at [chrisdryer@rths193.org](mailto:chrisdryer@rths193.org) and the assignments will come out the week of the meet.

**Implement Weigh-in:** Shot Put weigh in will be at the shot put ring. Weigh in shots ASAP.

**Pole Vault:** Pole vault cards will be in your meet packet. Please fill out & turn in to PV official.

**Warm-ups:** Allowed on the backstretch or on the upper levels of the Armory building. Once running events begin, no one is allowed to circle the track for warm-ups.

**Restricted areas:** All red portions of the track at the finish line area and the entire finish straight away are restricted areas. No one other than athletes actively competing in running events are allowed to cross the finish area during the running event portion of the meet.

**Trainer:** Carle Sports Medicine will provide a trainer. Setup will be near the hip number table.

**Time Schedule:** Field Events will begin at 11:30am. National anthem will be played before field events begin.

**PLEASE ONLY USE TAPE ON RUNWAYS and HIGH JUMP AREA.**

High Jump –Girls starting height will be 4’4” and boys will be 5’0”. Boys jump first then Girls.

Long Jump first then TJ (4 JUMPS NO FINALS)

Boys will use the west pit and girls will use the east pit.

Triple Jump- (45 minute break to change out take-off board, get marks, allow run-throughs, and an official break) Boys will use the west pit and girls will use the east pit. (4 JUMPS NO FINALS)

Shot Put-(4 throws no finals, 15 minutes to warm up) Boys throw first then girls.

Pole Vault – Girls starting height will be 7’0” and boys will be 8’0”. Girls jump first then boys.

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Running Events will begin at 12:30pm.

ONLY TWO ENTRIES FOR INDIVIDUAL EVENTS AND ONE ENTRY FOR RELAYS

(ATHLETES STAGE AT THE START LINE OF THEIR EVENT)

COACHES PLEASE MAKE SURE THAT YOU USE ACCURATE TIMES WHEN ENTERING THESE EVENTS.

IN ALL EVENTS GIRLS WILL RUN FIRST THEN BOYS

- 4x800 Meter Relay
- 3200 Meter Run
- 60 High Hurdles
- 60 Meter Dash
- 800 Meter Run
- 4x200 Meter Relay
- 400 Meter Dash
- 1600 Meter Run
- 200 Meter Dash
- 4x400 Meter Relay

\*\*Please allow a few minutes at the end of the meet for 4x4 results to be entered and team scores to be updated.