



Metamora Township H.S. Redbird Athletics



101 West Madison Street
Metamora, Illinois 61548
309-367-4151 ext. 540
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jhart@mths.us

2024 IHSA 2A Metamora Twp. High School Girls Track Sectional

- Location:** Metamora Township H.S., 101 W. Madison St., Metamora, IL
(Driving Directions and Facility Maps to follow)
- Dates:** Sectional Seed Meeting – Virtual on Tuesday, May 7, 2024, at 7:00 PM
Sectional Meet – Wednesday, May 8, 2024
- Time Schedule:**
- 2:30 PM Facility is open to competing teams
 - 3:00 PM Gates open to spectators
 - 3:00 PM Shot/Discus certification and weigh-in and Pole Vault pole certification and weigh-in (Building located at north end of track-past the score board)
 - 3:30 PM Coach and Scratch Meeting (Building located at north end of track-past the score board)
 - 4:00 PM Field Events Begin
 - Long Jump – 2 Flights – Top 9 to Finals (Triple Jump to follow)
 - Discus – 2 Flights – Top 9 to Finals
 - Shot Put – 2 Flights – Top 9 to Finals
 - Triple Jump – 2 Flights – Top 9 to Finals
 - (Ties for 9th place advance to finals)
 - High Jump – Conducted as a Final
 - Pole Vault – Conducted as a Final
 - 5:25 PM National Anthem
 - 5:30 PM Running Events Begin
 - 4 x 800-Meter Relay
 - 4 x 100-Meter Relay
 - 3200-Meter Run (If two sections are required they will be conducted consecutively at this point in the meet)
 - 100-Meter High Hurdles
 - 100-Meter Dash
 - 800-Meter Run
 - 4 x 200-Meter Relay
 - 400-Meter Dash
 - 300-Meter Low Hurdles
 - 1600-Meter Run
 - 200-Meter Dash
 - 4 x 400-Meter Relay
- Results and Award Team Championship Plaque at Start/Finish Line (Dependent upon certification of results)
- Entries:** List of Participants must be submitted at the IHSA Schools Center website by 11:59 PM on Sunday, May 5, 2024
- Facility:** Continuous 8 lane Spartan B all-weather track surface installed summer 2018.

- Seeding Meeting: IHSA 2A Metamora Girls Track Sectional Seed Meeting
Tuesday, May 7 · 7:00 – 9:00pm
Time zone: America/Chicago
Google Meet joining info
Video call link: <https://meet.google.com/gbs-bhoi-mtd>
Or dial: (US) +1 502-617-0043 PIN: 741 802 418#
- Competition Rules: The 2023-2024 Boys and Girls Track and Field IHSA Terms and Conditions and Manual for Schools and Managers
- Competing Schools: Bartonville (Limestone), Beardstown, Canton, Clinton, East Peoria, Eureka, Fairbury (Prairie Central), Lincoln, Macomb, Metamora, Morton, Normal (University), Peoria (Manual), Peoria (Notre Dame), Stanford (Olympia), Williamsville
- Games Committee: A Games Committee will be established during the Sectional Seeding Meeting according to the IHSA Terms and Conditions.
- Timing/Results: Timing and results will be provided by ShaZam Racing through a F.A.T. System. Weather conditions on the day of the Sectional will determine the direction of the 100 Hurdles/100 Dash. Regardless of direction, the F.A.T system will be used. Results will be posted on Athletic.net Live for review. Once official results are certified by the Meet Referee, they will be posted at the IHSA Schools Center and on www.athletic.net
- Changing Facilities: Teams should arrive to the facility dressed for competition. Restroom facilities are available underneath the press box.
- Meet Staging: Athletes will be staged at the Northwest corner of the track outside the black fence. Please look for a large green and white tent.
- Warm-up/Track Use: Once running finals begin, no warm-ups, running, hand-offs, etc. is permitted on the track. No team camps will be allowed on the inside of the track. Only competitors should be inside the fence/track area. Coaches will be given a coaching badge to wear. Anyone else should be outside the fence. Only ¼ inch pyramid spikes are allowed on any track surface. Marks made on the track surface will be in chalk and chalk will be provided. No tape will be placed on the track or turf and will be immediately removed.

- Turf Protocol:** No Food, Gum, or Sunflower Seeds on the turf infield. Running/Warming up is allowed on the turf infield. However, repetitive striking or stationary drills are not allowed on the turf.
- Field Event Access:** At all field event venues, a yellow rope barrier will separate the areas for competitors and coaches/spectators.
- Trainer:** A certified athletic trainer will be available beginning at 3:00 PM. He/She will be stationed by the Common Start/Finish Line.
- Parking:** Buses will enter the West Lot to drop off teams and then proceed to the North Lot to park during the meet. Spectator parking will be available in the West Lot, East Lot (after 3:30 PM – grass surface dependent upon dry weather), Grove Lot, and North Lot. Handicapped parking is marked near the main entrance to the stadium.
- Admission:** Digital Ticket through GoFan \$7.00. Cash Ticket \$8.00. No passes will be allowed per IHSA state series guidelines. Gates will open to spectators one hour before field events at 3:00 PM.
- Pass List:** Please complete the attached pass list and email to the attention of Darci Ohl by sending an email message to dohl@mths.us by noon on Monday, May 6, 2024.
- Hospitality Room:** The hospitality room will be located in the building located at the north end of the track past the score board. This room is limited to coaches, officials, administrators, and workers.
- Concessions:** Concessions will be offered underneath the press box.
- Sectional T-Shirts:** Specialty Art & Design will provide IHSA licensed merchandise for the Sectional Track Meet. They will be located at our Outdoor Concession Stand (near the Main Entrance). You can [click here](#) to pre-purchase items for sale.
- Awards:** The IHSA Sectional plaque will be awarded to the winning team at the conclusion of the meet at the common start/finish line. Medals for each event will be awarded for 1st – 6th place according to the Terms and Conditions.

Advancement: 1st and 2nd place will advance to the State Finals in each event. In addition, individuals and relays who equal or surpass the qualifying standard, will advance to the State Finals. For field events, any additional competitor who equals or surpasses the qualifying standard in prelims or finals, will advance to the State Finals.

Weather: Ordinary poor weather conditions will not stop the races. In the case of extreme/severe weather conditions, Meet Management along with the IHSA officials and Games Committee, may adjust the time schedule.

Officials: Meet Referee – Colleen Wilson (81368)
Starter – Leo Vandervlugt (76699)
Assistant Starter – Henry Harms (52191)
Long Jump/Triple Jump – Michael Berger (79838)
High Jump – David Mitchell (49440)
Shot Put – Mark Praul (75813)
Discus – Jamero Rainey (23036)
Pole Vault – Greg Pilon (55871)
Staging/Clerking – Gene Jones/Jacqueline Dominy

We look forward to a great day and wish all competitors the best of luck!

Assistant Sectional Manager
Brad Henz, ShaZam Racing
309-360-7780 (Cell)

Assistant Sectional Manager
Kyle Weyeneth, MTHS Girls Track Coach
309-360-0857 (Cell)

Assistant Sectional Manager
Kevin Hodel, MTHS Assistant Principal
309-264-8077 (Cell)

Sectional Manager
Jared Hart, MTHS Athletic Director
309-838-1478 (Cell)

Directions to Metamora Twp. H.S. – Sectional Meet:

Traveling West on Route 116, turn right onto Lafayette St. Continue straight for four blocks. Enter the West Student Parking Lot by slightly turning right.

Traveling East on Route 116, turn left onto Lafayette St. Continue straight for four blocks. Enter the West Student Parking Lot by slightly turning right.

A map is included below. Please share these directions with your coaching staff, parents, and competitors.



IHSA 2A Girls Track Metamora Sectional Map

Spectators/Coaches-Athletes

No video review inside the restricted area except when a coaches box has been designated. The restricted area is anywhere inside the fence surrounding the track.

Pole Vault /LJ/TJ
Coaches Box

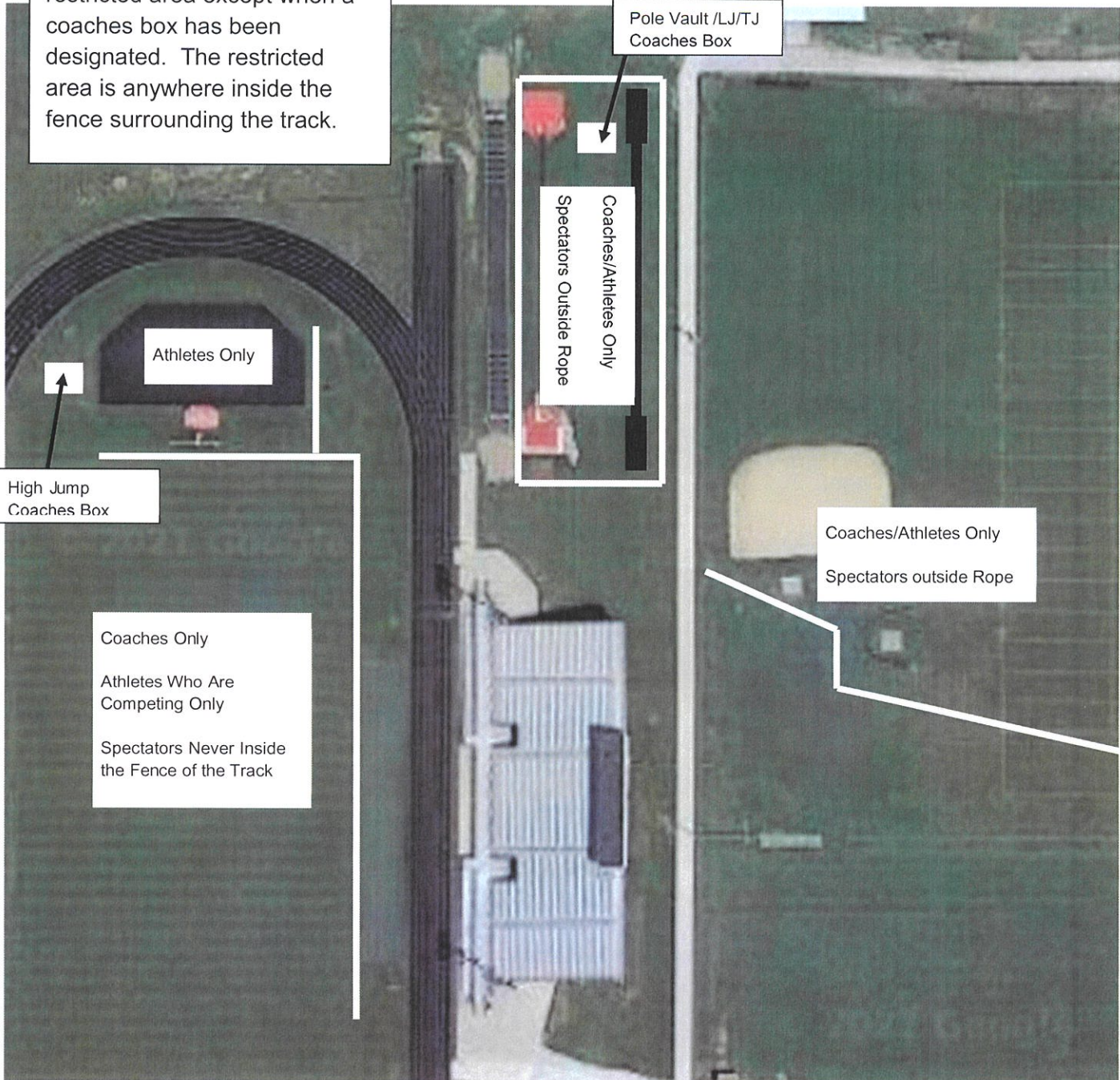
Coaches/Athletes Only
Spectators Outside Rope

Athletes Only

High Jump
Coaches Box

Coaches/Athletes Only
Spectators outside Rope

Coaches Only
Athletes Who Are
Competing Only
Spectators Never Inside
the Fence of the Track



IHSA Girls Track Sectional Ticket Information

Metamora Township High School Stadium

101 W. Madison Street

Metamora, IL 61548

Wednesday, May 8, 2024

Facility Open to the Public at 3:00 PM

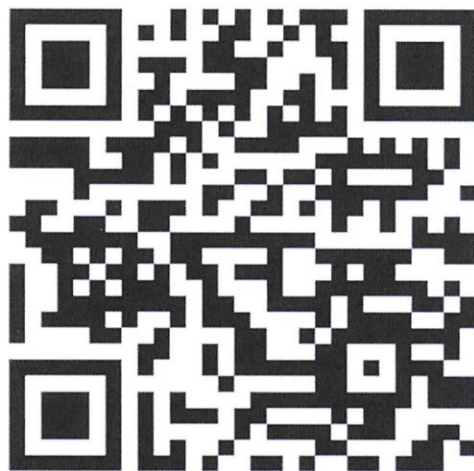
Field Events 4:00 PM

Running Begins at 5:30 PM

Tickets are available through the online platform GoFan

Use the URL <https://gofan.co/event/1513190?schoolId=IHSA>

or QR Code Below



**Tickets are available for purchase at the gate no earlier
than 4:00 PM.**