

Bloomington Lady Raider Invitational

Friday, April 12, 2024

Bloomington High School
1202 E. Locust Bloomington, IL 61701

Field events will start at 2:00pm, running events at 3:00pm.

Meet Contact

Nick Chumbley
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Participating Teams

Bloomington	Morton
Central Catholic	Mahomet
Chatham Glenwood	Metamora
Champaign Central	Peoria Manual
Danville	Peoria Richwoods
Decatur Eisenhower	Normal West
Decatur MacArthur	Springfield High
Dunlap	Springfield Lanphier
Eureka	Springfield Sacred Heart
Glenbard North	Springfield Southeast
Kankakee	U-High
Limestone	Urbana

We will follow the IHSA sectional rules for entries, emergency substitutions, and scratches.

Entry Process

Limit of two entries per individual event and one relay entry per team.

Entry Website:

All entries must be completed by Wednesday, April 10, 2024 by 9:00 pm

Entry Fee: \$225.00

Check-In Requirements

A packet will be provided for each team consisting of team roster and events entered. A team representative will be responsible for picking up the packets. Packets can be picked up in the **Booster Garage** located just outside the track near the 100m start line.

Scratches

There will be a scratch meeting at 1:30 PM (**Booster Garage**). All head coaches are requested to be present. In an attempt to make the meet flow efficiently, we ask that you identify your scratches as soon as you arrive. You will not be allowed to add athletes, only scratches at this time. No changes are allowed after the scratch meeting.

Awards

In individual events and relay events, awards will be presented for participants who finish 1st-3rd place. There will also be a team trophy for the team that finishes in first place.

Facility

The track at Bloomington High School has an all-weather surface and 8-lanes.

- Only ¼" or smaller pyramid spikes are allowed.
- No radios or speakers, glass containers, or alcoholic beverages are allowed in the facility. Smoking is not permitted in the stadium.
- **ABSOLUTELY NO SPIKES, FOOD, OR DRINKS ON THE INFIELD TURF.**

Refreshments

A limited concession stand will be provided for athletes and spectators. A meal for coaches will be provided in the *Booster Garage*.

Equipment

Starting blocks will be provided. Throwers must use their own implements.

Admission A charge of \$5.00/Adults and \$2.00/Students will be assessed for everyone not competing in the meet.

Long Jump/Triple Jump

Four (4) jumps, no finals. Top flight of long jump first. Triple jump immediately follows the conclusion of long jump, top flight first.

Shot Put/Discus

Four (4) throws, no finals. Throws will be conducted concurrently, with the top flight of shot put first. The order of other flights will be determined and communicated ahead of time to minimize overlap and conflict within the throwing events.

High Jump

High jump will run as a single flight. Opening height is TBD, estimated to be 1.30m (4' 3").

Pole Vault

Pole vault will be run in two flights; first flight having the higher opening height. Opening heights are TBD, but 1st flight is estimated to be 2.80m (9' 3") and 2nd flight is estimated to be 1.90m (6' 3").

Track Events

No prelims, events will be seeded and conducted as a timed final with the fastest seed time being placed in the final heat. Similarly, field events will be flighted based on seed performance. Please make sure you are entering your athletes with a season PR or a realistic time/performance.

GAMES COMMITTEE: TBD in pre-meet coaches meeting

EXCHANGE JUDGES: We will need coaches to voluntarily help as exchange zone judges.

EVENT SCHEDULE

Running Events	Field Events
<p>FINALS (3:00 PM)</p> <p>3200m Relay</p> <p>400m Relay</p> <p>3200m Run</p> <p>100m Hurdles</p> <p>100m Dash</p> <p>800m Run</p> <p>800m Relay</p> <p>400m Dash</p> <p>300m Hurdles</p> <p>1600m Run</p> <p>200m Dash</p> <p>1600m Relay</p>	<p>Field Events will begin at 2:00 PM. With the exception of the Triple Jump, all will run concurrently</p> <p>Long Jump Highest seed Flight First</p> <p>Triple Jump Follows Long Jump</p> <p>High Jump 1 Flight OH - TBD (est. 1.30 m)</p> <p>Shot Put Highest seed Flight First</p> <p>Discus Throw Flight order TBD</p> <p>Pole Vault Flight 1 OH - TBD (est. 2.80m) Flight 2 OH - TBD (est. 1.90m)</p>