

Morton Distance Gala

Morton High School

5:00 PM 4/29/23

mortontrackandfield.com/distancegala.html

Competing Teams: Morton, Bartonville (Limestone), Bethalto (Civic Memorial), Bloomington (Central Catholic), Clinton, Delavan, Dunlap, East Peoria, El Paso (E.P.-Gridley), Elmwood, Heyworth, Metamora, Mt. Zion, Normal (Community), Normal (Community West), Pekin, Peoria (Notre Dame), Rochester, Urbana, Washington

Entry Fee: \$10/individual entry, \$100 cap per gender. Cash or checks can be submitted at the meet. Checks can be made out to Morton High School.

Entries: <https://www.athletic.net/TrackAndField/meet/486567/register>

Teams are allowed unlimited individual entries, but each team is limited to one relay and each athlete to one individual event (athletes may compete in both a relay and an individual event).

Entries Due: Tuesday 4/25/23 12:00pm.

Preliminary Performance Lists emailed out: Tuesday 4/25/23 4:00pm

Changes Due: Thursday 4/27/23 12:00pm

Final Heat Sheets sent out: Thursday 4/27/23 4:00pm

Spectator Admission Fee: Donations accepted and go towards the new MHS Track and Field Endowment Fund, a Component Fund of the Morton Community Foundation

Schedule: Coaches meeting at 4:30 PM at the start/finish line, running events start at 5:00 PM

Officials: Starters: Chuck Nagel and Dave Mitchell Clerk: Gene Jones

Trainer: An athletic trainer will be available.

Timing: FinishLynx FAT by Morton High School (Jay Mahannah)

Results: Live results will be posted at: <https://live.athletic.net/meets/23524>

Awards: 1st-3rd medals for relays, 1st-5th for individual events

Team Camps: Team camps should be set up South of the track and West of the tennis courts on the practice field. There is very little cover from the elements, so tents are encouraged.

Bus Parking: Bus parking can take place across Jackson at the old Bethel Church parking lot or on Kay Street.

Race Check-In: Race Check-In will be at the East end of the track 10 minutes prior to race time.

Concessions: Concessions will be available.

Meet Shirts: Meet shirts will be on sale near the concession stand.

Contact Information:

Track Coach: Joseph Zeller Email: joseph.zeller@mcusd709.org Cell: 309-202-0736

Athletic Director: Scott Jones Email: scott.jones@mcusd709.org Cell: 309-202-3949

Team Camps and Buses



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Schedule of Events

5:00	Girls 4x800	Section 1 of 1
5:14	Girls 800	Section 1 of 7
5:20	Girls 800	Section 2 of 7
5:26	Girls 800	Section 3 of 7
5:32	Girls 800	Section 4 of 7
5:38	Girls 800	Section 5 of 7
5:44	Girls 800	Section 6 of 7
5:50	Boys 800	Section 1 of 7
5:56	Boys 800	Section 2 of 7
6:02	Boys 800	Section 3 of 7
6:07	Boys 800	Section 4 of 7
6:12	Boys 800	Section 5 of 7
6:17	Boys 800	Section 6 of 7
6:22	Girls 1600	Section 1 of 4
6:32	Girls 1600	Section 2 of 4
6:41	Girls 1600	Section 3 of 4
6:49	Boys 1600	Section 1 of 6
6:58	Boys 1600	Section 2 of 6
7:06	Boys 1600	Section 3 of 6
7:14	Boys 1600	Section 4 of 6
7:22	Boys 1600	Section 5 of 6

Championship Races

7:32	Girls 3200	Section 1 of 1
7:50	Boys 3200	Section 1 of 1
8:05	Girls 800	Section 7 of 7
8:11	Boys 800	Section 7 of 7
8:17	Girls 1600	Section 4 of 4
8:25	Boys 1600	Section 6 of 6

